

## Team Building Menu

### Teambuilding DIY

**Giant Jenga\***: large giant Jenga which challenges attendees to work together as a team to compete and attempt to build the tallest tower.

**Minute to Win It Package\***: (6) one minute challenges based on the popular game show where teams compete in a race to beat the clock

**Strategic Conversation Cards\***: cards with topics to facilitate group discussions

**Washers and Bean Bag Toss\***: old fashioned lawn games that bring and a competitive spirit to any event.

**Ping Pong Table\***: great for two or four players at a time.

~Each activity comes with instructions, objectives, and approximate play time with discussion topics

### On Site Team Building and Event Add-Ons

**Chris Johnson DJ\*\*\***: game shows and karaoke with an award winning local personality and long-time vendor partner, Chris Johnson

**Team Improv\*\***: Judi Holler, a professional trained improviser, will build a customized proposal offering team building activities using Improv. 90 minutes to full day workshop.

**Yoga/Pilates/Zumba\*\***: we can arrange to have a local instructor help your group energize before their day begins or relax after a day of productive meetings.

**Movie Night\*\*\***: we'll create a private movie experience for your group, complete with fresh popped popcorn and selection of theater candy

#### **Instructional Gaming and Poker**

**Tournaments\*\***: instructional gaming offers your group an opportunity to play and interact with our professional dealers without the risk of wagering.

**Wine Tasting with Pairings\*\*\***: our professional wine experts will lead an interactive tasting with complimentary food pairings that will enlighten guests on a varieties of wines based on region, wine makers and varietal.

### Facilitated by The Go Game

**Go Game Challenge**: imagine the Amazing Race, America's Funniest Home and Cranium inside a mobile phone. A scavenger hunt that includes location based puzzles, planted actors, and creative challenges.

### Facilitated by Team Bonding

**Themed Escape Room**: best of the escape room craze delivered to either our conference center or hotel rooms. **Ice Cream Challenge**: fun-filled program where participants compete by developing their own ice cream flavor and marketing their creation.

**Chocolate Company Challenge**: series of chocolate themed team building events that develop communication skills, boost morale & innovation and strengthen working relationships for your group.

**Charity Bike Building**: split into teams and have fun putting together bikes for a local charity, where the bikes are then presented to a chosen non-profit.

### Off Site Group Activities

**Escape On Main**: You have 60 minutes to find hidden clues, crack codes and solve challenging puzzles to "escape the room"

**Upper Limits**: indoor rock climbing gym with locations just minutes away in Chesterfield and Maryland Heights.

**St. Charles Demolition Ball**: entertainment venue located in St. Charles and offers multi-level Laser Tag, Foosball, Demolition Ball and video games.

**Go Ape Zip Lining**: a 2-3 hour zip lining experience located at Creve Coeur Lake, a quick 15 minutes from our property.

**Dave and Busters**: team building, game rooms and dining area

**AMC at Streets of St. Charles**: special pricing for groups

### Price Ranges for Team Building DIY & On Site

<u>Team Building</u>	*	\$0 - \$499
	**	\$500 - \$999
	***	\$1000 - \$1999
	****	\$2000+